

## J/ Sillé-le-Guillaume, Lake 9,5km/11'

### Swimming:

At the man-made beach in Sillé, nicknamed “Coco Beach” by the locals. Beach supervised in July and August. Friendly, family-oriented and lively place.



[www.sille-le-guillaume.fr/FR/plage](http://www.sille-le-guillaume.fr/FR/plage)

[www.tourisme.sille-le-guillaume.fr/GB/activitesplagesille.shtml](http://www.tourisme.sille-le-guillaume.fr/GB/activitesplagesille.shtml)

### Canoeing/Kayaking

[www.tourisme.sille-le-guillaume.fr](http://www.tourisme.sille-le-guillaume.fr)

Day-Sailing: Day-sailers, catamarans, also climbing, archery etc.

<http://www.campingsilleplage.com/Activities.html>

Horse-riding/Ponies: Most paths open to ramblers are also open to horse riders. Associations organize treks and events throughout the year which are open to beginners as well as more experienced riders.  
[www.tourisme.sille-le-guillaume.fr](http://www.tourisme.sille-le-guillaume.fr)

Rock-climbing:



Le saut du cerf



[www.tourisme.sille-le-guillaume.fr](http://www.tourisme.sille-le-guillaume.fr)